

fitness pricing



FIT DOG
CANINE FITNESS & WELLNESS

25-MINUTE FULL BODY STRENGTH & CONDITIONING SESSION

\$50

- CANINE STRENGTH & CONDITIONING DRYLAND EXERCISES

WATER TREADMILL SESSION

\$70

- CANINE WATER TREADMILL SESSION
- LENGTH OF TIME & SPEED DEPENDS ON YOUR DOG'S ABILITIES
- MIN 15 MIN - MAX 25 MIN

1-HOUR FULL BODY CARDIO & STRENGTH SESSION

\$100

- CANINE STRENGTH & CONDITIONING EXERCISES
- CANINE WATER TREADMILL AND/OR CANINE DRYLAND TREADMILL SESSION
- MAY INCLUDE PEMF OR LASER

RECOVERY SESSION

\$70

- 30 MINUTES OF PEMF
- LASER MUSCLE TREATMENT
- MAY INCLUDE JET MUSCLE THERAPY

FIT CAMP "STAY-FOR-THE-DAY" DAY CARE

\$125

- 4 INDIVIDUAL STRENGTH & CONDITIONING SESSIONS THROUGHOUT THE DAY
- INCLUDES CANINE WATER TREADMILL AND/OR CANINE DRYLAND TREADMILL SESSION
- INCLUDES TPEMF™ THERAPY FOR MUSCLE RECOVERY (IF APPLICABLE)
- DROP OFF / PICK-UP TIMES BETWEEN 7AM-6PM MON-THURS & 8AM-3PM ON FRIDAYS
- UP TO 3 POTTY BREAKS THROUGHOUT THE DAY

TAKE 30% OF YOUR FIRST 10-PACK OF ANY SERVICE

FIT DOG CANINE FITNESS TRAINING FOCUSES ON ALL 5 ASPECTS OF CANINE TOTAL HEALTH: STRENGTH, FLEXIBILITY, BALANCE, CARDIO-RESPIRATORY AND MENTAL ENDURANCE

SCHEDULE

- CONTACT OUR OFFICE FOR AVAILABILITY. SPACE IS LIMITED. 586-580-3684.
- APPOINTMENTS & FIT CAMP ARE CURRENTLY AVAILABLE MONDAY - FRIDAY.
- WE REQUIRE 48 BUSINESS HOURS' NOTICE (DEFINED AS MON-FRI FROM 8AM-5PM) TO CANCEL OR CHANGE THE TIME OF ANY APPOINTMENT. LATE CANCELLATIONS OR CHANGES MAY RESULT IN LOSS OF YOUR APPOINTMENT.

HEALTH REQUIREMENTS

- CANINE FITNESS TRAINING IS A COMPLIMENT TO VETERINARY CARE AND IS NOT MEANT TO TREAT OR DIAGNOSE. WE ARE NOT CERTIFIED IN REHABILITATION OR PHYSICAL THERAPY SO OUR FIT COACHES WILL NOT WORK WITH DOGS SUFFERING WITH PAIN, DOGS WITH AN EXISTING INJURY OR DOGS THAT ARE RECENTLY POST-SURGERY (UNTIL FULLY CLEARED BY A VETERINARIAN AND/OR THEIR SURGEON TO DO FITNESS).

DISCOUNTS

- YOUR FIRST 10-PACK PURCHASED OF ANY SERVICE WILL INCLUDE A 30% DISCOUNT.
- ALL PRE-PAID PACKAGES OF 10 OR MORE WILL RECEIVE A 10% DISCOUNT.
- ALL HAPPY TAILS CLIENTS RECEIVE 10% OFF ANY OF OUR SERVICES
- ALL PUPPIES UNDER 6 MONTHS OLD RECEIVE 50% OFF (UP TO 4 SERVICES PER MONTH)
- DISCOUNTS MAY NOT BE COMBINED. WE WILL APPLY THE BEST DISCOUNT THAT YOU ARE ELIGIBLE FOR.



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THIS PRICING IS VALID 30 DAYS FROM DATE OF EVALUATION. PRICES AND INCLUSIONS SUBJECT TO CHANGE.



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FIT DOG OFFERS:

- CANINE STRENGTH & CONDITIONING EXERCISES
- CANINE WATER TREADMILL
- CANINE DRY TREADMILL
- TPEMF™ THERAPY FOR MUSCLE RECOVERY
- LASER THERAPY FOR RECOVERY

BENEFITS OF CANINE FITNESS:

- WEIGHT MANAGEMENT!
- A STRONGER HEART & LOWER BLOOD PRESSURE – DECREASED RISK OF HEART DISEASE!
- DENSER BONES – LESS RISK OF INJURY!
- STRONGER JOINTS – REDUCED JOINT PAIN & LESS RISK OF INJURY!
- STRONG MUSCLES – SUPPORTS JOINTS & LESS RISK OF INJURY!
- IMPROVED BODY AWARENESS – IMPROVED COORDINATION, ENDURANCE & FLEXIBILITY!
- INCREASED CONFIDENCE – A GREAT BALANCE WITH HAPPY TAILS!
- LOWER RISK OF DEPRESSION – IMPROVED QUALITY OF LIFE!
- DECREASED ANXIETY – LESS BEHAVIOR PROBLEMS!
- INCREASED ENDORPHIN ACTIVITY – A HAPPIER DOG!
- MANAGEMENT OF PAIN – IMPROVED QUALITY OF LIFE!!

Please note, Canine Fitness Training is a compliment to veterinary care and is not meant to treat or diagnose. We are NOT certified in rehabilitation or physical therapy so our Fit Coaches will not work with dogs suffering with pain, dogs with an existing injury or dogs that are recently post-surgery (until fully cleared by a veterinarian and/or their surgeon to do fitness).



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